
ACTIVE INGREDIENTS *per 6 g*

Niacin	250 mg
Ascorbic acid	100 mg
Vitamin E	100 IU
Riboflavin	50 mg
Thiamine	35 mg
Pyridoxine	25 mg
Heme-iron polypeptide	15 mg
Copper (min)	10 mg
Cobalt (min)	5 mg
Selenium	100 mcg
Cyanocobalamin	50 mcg