

Sizing Your Helmet

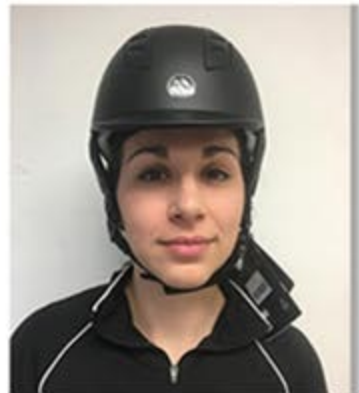
Measuring:

To measure your head for the best fit, use a tape measure in centimeters. Place the tape measure $\frac{1}{2}$ - 1 inch above the eyebrows (it should skim the tops of the ears), and take it round to the fullest part of the head. This is the circumference of your head in centimeters, and you should choose a helmet size that is in this range.

HELMET SIZE CHART					
Hat	Inches	Size	Hat	Inches	Size
50cm	18.5	6 1/8	56cm	21.5	6 7/8
51cm	19	6 1/4	57cm	22	7
52cm	19.5	6 3/8	58cm	22.5	7 1/8
53cm	20	6 1/2	59cm	23	7 1/4
54cm	20.5	6 5/8	60cm	23.5	7 3/8
55cm	21	6 3/4	61cm	24	7 1/2

Helmet Fitting:

Firmness and tightness can feel similar when wearing your helmet, so take notice to the difference. When wearing the helmet, the brim should be about $\frac{1}{2}$ - 1 inch above your eyebrows and level across. You should feel a firm, even pressure around the circumference of your head. No gap should exist between your helmet and head.



Too Small



Too Large



Just Right



Chinstrap Fitting:

The length of your chinstrap should rest just under your chin and touch the bottom of your ear lobe. You should be able to fit a finger in the space between strap and your chin. The strap should be secure, but still allow you to move your head up and down comfortably.

Note: When trying on your helmet, be sure to wear your hair in the same style you would wear it when riding.

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