DIRECTIONS:

- 1. Mix 1 tablespoon of Tendon Tight with 1 tablespoon D.M.S.O. Stir with a short bristled brush until a smooth paste forms.
- 2. Apply by rubbing briskly to injured area.
- 3. Cover injured area with a linen cloth, wrap over this with a quilted stable cotton and bandage.
- 4. Leave on overnight.