

## IMPORTANT!

The Equiband system® is not a training tool or gimmick! The concept of its use for core strengthening and movement retraining in the horse is based on scientifically-researched and validated techniques used in human conditioning and rehabilitation, and on results from peer-reviewed published studies of use of the Equiband system® for equine core strengthening and movement retraining. These studies include the use of resistance bands in core muscle activation, along with individually-designed exercise programmes by veterinarians and professional therapists.



### Suggested Size Guide

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|----------------|--|
| <b>PONY</b>    | fits up to 12hh/120cm<br>pad dimensions: 20" spine/16" drop            |
| <b>SMALL</b>   | fits 12hh/120cm - 14.1hh/145cm<br>pad dimensions: 21" spine/18" drop   |
| <b>REGULAR</b> | fits 14.2hh/148cm - 16.2hh/165cm<br>pad dimensions: 23" spine/21" drop |
| <b>LARGE</b>   | fits over 16.3hh/168cm<br>pad dimensions: 25" spine/22" drop           |
| <b>WESTERN</b> | fits 14.2hh/148cm - 16.2hh/165cm<br>pad dimensions: 29" spine/21" drop |